

WPA Race Walking Grand Prix III - Youngsfield, Cape Town - 04 Aug 2012**(Proudly sponsored by Racewalk.co.za)**

Pos	Name	Club	Licence No.	Age	Time	Medal	Remarks
<u>30km Race Walk MEN</u>							
1	Oscar Bono	Gugs RCS	7451	34	DNF		
<u>20km Race Walk MEN</u>							
1	Pieter Vorster	Bellville	8598	28	1:43:57	Gold	
2	Brian Aver	RWFL	5590	68	2:21:50	Silver	<
3	Roy Whyte	Spartan Harriers	3322	66	2:22:24	Bronze	<
4	David Kirby	Spartan Harriers	3332	76	2:22:44		
5	Armond Thompson	Spartan Harriers	3266	58	2:27:45		
6	Stephen Old	Edgemead	1479	42	2:52:05		<
<u>20km Race Walk WOMEN</u>							
1	Cindy Lange	New Balance	4290	49	2:09:24	Gold	
2	Sandi Fundiswa	Ravensmead AC	6282	31	2:21:40	Silver	
3	Peggy Reid	Spartan Harriers	2875	75	2:30:58	Bronze	
<u>10km Race Walk MEN</u>							
1	Patrick Wonfor	Spartan Harriers	3244	66	1:04:55	Gold	
2	Willem Fransman	Ravensmead AC	6268	55	1:08:56	Silver	
3	John Child	Spartan Harriers	2935	61	1:09:42	Bronze	
4	Jochen Volkel	RWFL	5585	73	1:11:02		
5	John Hotston	Spartan Harriers	2836	81	1:12:19		
5	Harold Johannes	Ravensmead AC	6271	45	1:21:41		
6	Paul Andrews	Atlantis Harriers	10741	68	1:22:41		
<u>10km Race Walk WOMEN</u>							
1	Cobie Miller	Spartan Harriers	2850	56	1:04:18	Gold	
2	Wendy Josephs	RWFL	4888	63	1:06:54	Silver	
3	Gail Williams	Spartan Harriers	2958	54	1:07:16	Bronze	
4	Jackie Goosen	Brackenfell AC	1189	50	1:07:58		
5	Pam James	Spartan Harriers	2857	55	1:08:40		
6	Carol-Ann Aver	RWFL	5591	66	1:10:03		
7	Deborah Horn-Botha	Acis VOB	616	46	1:11:29		
8	Elizabeth Nel	Spartan Harriers	2845	63	1:12:06		
9	Edwena Fransman	Ravensmead AC	10712	53	1:16:17		
10	Charlene Andrews	Atlantis Harriers	10742	53	1:17:58		
11	Helen Botes	Spartan Harriers	3246	65	1:17:59		
12	Judy Morgan	Spartan Harriers	2846	71	1:20:10		
13	Margaret Norton	Spartan Harriers	2903	72	1:20:53		
14	Mary Holland-Ramsay	Spartan Harriers	2841	65	1:22:38		
15	Jeanette Bradley	Brackenfell AC	7237	52	1:22:51		
<u>10km Race Walk JUNIOR MEN</u>							
1	Asiphiwe Jaftha	Spartan Harriers	10125	19	59:44	Gold	
2	Desmond Qwabi	Spartan Harriers	10076	18	1:01:08	Silver	
3	Emmanuel Mlalandle	Spartan Harriers	10075	18	DNF		~ ~
<u>10km Race Walk JUNIOR WOMEN</u>							
1	Sinead Hattingh	Nedbank WP	10074	19	1:12:46	Gold	
<u>10km Race Walk YOUTH BOYS</u>							
1	Malakhiwe Poni	Spartan Harriers	9558	16	56:28	Gold	
2	Lunga Saunders	WC Sports School	9534	15	59:53	Silver	
3	Ayabonga Soganga	WC Sports School	9559	14	1:01:20	Bronze	
4	Wesley Caine	WC Sports School	9532	16	DNF		
<u>10km Race Walk YOUTH GIRLS</u>							
1	Bronwyn Roman	WC Sports School	9535	16	1:08:28	Gold	
2	Nomso Melamane	WC Sports School	9557	16	1:08:31	Silver	
3	Sisipho Sokrowa	WC Sports School	11986	17	1:14:24	Bronze	

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Pos	Name	Club	Licence No.	Age	Time	Medal	Remarks
<u>1km Race Walk (Development)</u>							
1	Jethro Brookes	Spartan Harriers Seawinds	M	7	00:07:38		
2	Ayabulela Gola	WPARWC Masiphumelele	M	7	00:08:01		
3	Liyema Lamani	WPARWC Masiphumelele	F	6	00:08:29		
4	Jaden Abrahams	Spartan Harriers Seawinds	M	6	00:08:37		
5	Sesona Kebevana	WPARWC Masiphumelele	F	6	00:09:52		
<u>3km Race Walk (Development)</u>							
1	Nathaniel Brookes	Spartan Harriers Seawinds	M	11	00:20:24		
2	Chadley Isaacs	Spartan Harriers Seawinds	M	11	00:20:25		
3	Michaell Solomons	Spartan Harriers Seawinds	M	11	00:20:27		
4	Thami Tomose	WPARWC Masiphumelele	F	11	00:21:28		
5	Siya Gola	WPARWC Masiphumelele	F	11	00:22:02		
6	Ongama Maki	WPARWC Masiphumelele	M	10	00:22:24		
7	Tyrone Solomons	Spartan Harriers Seawinds	M	9	00:23:27		
8	Igsaan Allie	Spartan Harriers Seawinds	M	11	00:23:27		
9	Chumisa Mlahlwa	WPARWC Masiphumelele	F	12	00:24:30		
10	Uthimna Lamani	WPARWC Masiphumelele	F	9	00:24:31		
11	Lihle Mnyebe	WPARWC Masiphumelele	F	8	00:24:39		
12	Lisa Mayiya	WPARWC Masiphumelele	F	10	00:24:55		
13	Eric Paule	WPARWC Masiphumelele	M	11	00:24:56		
14	Nandipha	WPARWC Masiphumelele	F	12	00:25:01		
15	Siobhan Dunn	Spartan Harriers	F	10	00:25:04		
16	Simakele Mbana	WPARWC Masiphumelele	F	9	00:25:44		
17	Ghamani Dulile	WPARWC Masiphumelele	F	12	00:25:50		
18	Hope Paule	WPARWC Masiphumelele	F	9	00:25:51		
19	Anesiphho Mona	WPARWC Masiphumelele	F	8	00:26:23		
20	Zizipo Nqenqa	WPARWC Masiphumelele	F	11	00:26:25		
21	Phelisa Kali	WPARWC Masiphumelele	F	11	00:26:49		
22	Igsaak Swarts	Spartan Harriers Seawinds	M	10	00:26:59		
23	Anelisa Gunuza	WPARWC Masiphumelele	F	9	00:27:03		
24	Liyaakit Chowglay	Spartan Harriers Seawinds	M	8	00:27:04		
25	Kiaam Allie	Spartan Harriers Seawinds	M	8	00:27:04		
26	Jason Abrahams	Spartan Harriers Seawinds	M	9	00:27:05		
<u>3km Race Walk (Development)</u>							
1	Kealin Chapman	Spartan Harriers Seawinds	M	15	00:31:03		
2	Delia Meyer	Hoerskool Strand	F	15	00:33:13		
3	Mkhuseli Lahlekile	WPARWC Masiphumelele	M	15	00:34:59		
4	Lucille Januarie	Ravensmead Athletic Club	F	13	00:35:05		
5	Thabisa Nyangwani	WPARWC Masiphumelele	F	15	00:36:41		