

## 10 km Walk Mast Women , Time :12:29

Rank	ID	Name	Team	Area YOB	Cat	Result	Info
1	518	Lesley Van Buuren	CGA		W45	54:56.0	
2	3172	Edna Brand	LANG		W60	62:39.0	
3	2958	Gail Williams	S.H.		W50	65:38.0	
4	2857	Pamela James	S.H.		W50	66:24.0	
5	4888	Wendy Josephs	RWFL		W60	66:48.0	
6	2975	Vanessa Theron	S.H.		W40	67:23.0	
7	9041	Trudi Carstens	BELL		W50	67:38.0	
8	2867	C J Dunn	S.H.		W40	69:02.0	
9	616	Deborah Horn-Botha	VOB		W45	69:54.0	
10	2845	Elizabeth Nel	S.H.		W60	71:15.0	
11	5591	Carol-Ann Aver	RWFL		W65	71:46.0	
12	3173	Cecile Kidson	LANG		W70	72:05.0	
13	2875	Peggy Reid	S.H.		W75	74:06.0	
14	4179	Thalena Van Zyl	BELL		W50	74:18.0	
15	4169	Isabel Roux	BELL		W55	76:00.0	
16	2903	Margaret Norton	S.H.		W70	82:54.0	